



EMOTIONAL CARE FOR WOMEN AFTER PREGNANCY LOSS

A Research Study

BACKGROUND

Pregnancy loss has negative effects on women's emotional health. Grief, depression, anxiety and post-traumatic stress are common. As a result, it is especially important for women to take care of their emotional health during this time.

Our understanding of what influences women in discussing their emotional health after pregnancy loss and their preferences in emotional care, is lacking. This keeps us from developing improved emotional health care programs for women after pregnancy loss.

WHAT IS THE PURPOSE OF THE STUDY?

To help us understand what influences women in discussing their emotional health after pregnancy loss and their preferences with emotional care, we are looking for up to 350 women to complete an online survey. If you have experienced a pregnancy loss within Canada in the past two years, we invite you to share your point of view.

The information that you share will teach us how to best engage women affected by pregnancy loss in emotional health screening and monitoring and the type and delivery of emotional care that is preferred. The information you share will be used to develop and improve programs that support women's emotional health and coping after pregnancy loss.

WHAT WOULD I HAVE TO DO?

We will ask you to complete an online survey. There is only one survey that will take you 10 minutes to complete. You can access the survey by clicking the [‘Sign Up’](#) icon.

Thank you for helping us improve women's emotional health and their ability to cope after pregnancy loss.

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The University of Calgary Conjoint Health Research Ethics Board has approved this study (REB19-1990).